

## **BRONCHIAL ASTHMA: DIAGNOSIS AND TREATMENT USING THE EXAMPLE OF A CLASSIC PATIENT PORTRAIT**

***N. S. Slepchenko, V. L. Poberezhets***

*Abstract*

Asthma is one of the most common chronic non-infectious diseases, affecting more than 260 million people and causing more than 450,000 deaths annually worldwide, most of which are preventable. According to GINA 2024, the asthma disease management strategy focuses on individualization of treatment, early treatment and symptom control. The new recommendations take into account not only pharmacological therapy, but also environmental factors, psychosocial support and educational programs.

The authors offer up-to-date information on the diagnosis and treatment of asthma, using the example of a classic portrait of a patient with this disease, based on current guidelines for the management of patients with asthma.

**Key words:** bronchial asthma, diagnostics, treatment, example of a classic patient portrait.

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*Natalia Slepchenko*

*Vinnitsia National Pirogov Memorial Medical University*

*Associated professor of the Department of Propaedeutics of Internal Medicine*

*MD, PhD,*

*96, Khmelnytske highway, Vinnytsya, 21029, Ukraine*

*Tel: +38 0674306028, nataliiaslepchenko@gmail.com*