

# RESULTS OF A QUESTIONNAIRE OF MILITARY PATIENTS FOR CHRONIC NON-SPECIFIC LUNG DISEASES

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**Abstract.** *The aim of this work*, carried out with funds from the state budget of Ukraine, was to study the results of a questionnaire survey of military personnel with chronic nonspecific lung diseases.

**Materials and methods.** The object of the study were 197 military personnel with chronic nonspecific lung diseases, who were in the combat zone for more than 6 months, who underwent inpatient treatment in the department of broncho-obstructive lung diseases of the National Center of the National Academy of Medical Sciences of Ukraine and participated in scientific research.

**Results.** The frequency of chronic nonspecific lung diseases in military personnel who participated in combat operations in Ukraine is high (75.0 %), the main nosological forms were chronic nonobstructive bronchitis (70.6 %), chronic obstructive pulmonary disease (69.2 %), uncontrolled bronchial asthma (37.4 %), bronchiolitis (44.4 %), newly diagnosed pulmonary tuberculosis (20.3 %), interstitial lung diseases (11.8 %). Military personnel with experience in combat operations more often complain of excessive daytime sleepiness, short-term falling asleep during monotonous work, increased daytime fatigue, difficulty concentrating, absent-mindedness, restless sleep with frequent awakenings, tinnitus, dizziness, morning headache, nighttime heartburn, mood swings, memory loss, a feeling of palpitations and heart failure, and changes in blood pressure.

**Key words:** chronic nonspecific lung diseases, military operations, military personnel.

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